

PRE-ATHLETIC TRAINING

Pathway Information

Preparation for a career as an Athletic Trainer (AT) should involve building your credentials in scholarship, leadership, and community involvement, as well as gaining internship/shadowing experience in various settings.

There is no single required major for pre-AT students, however some majors will better align with the prerequisites for AT schools than others. The recommended GSW major for those intending to pursue athletic training is exercise science.

ADMISSIONS: GPA, EXAMS, & REQUIRED COURSES

Typical PT Pre-Requisites:

Note: This is not a definitive list of the classes you will need for every school. Always check with the individual schools to see their specific requirements.

You should maintain at least a B in all pre-requisite courses. Successful applicants are likely to maintain approximately a 3.2 GPA or higher overall. Admissions committees look not only at raw numbers, but also at grade trends on your transcript. All is not lost if you stumble in your first semester or two, but then show substantial improvement each subsequent year. However, they will also notice negative trends such as if you are consistently withdrawing from or performing poorly in hard sciences, or are completing courses away from your home institution.

Many AT schools will require that you take the Graduate Record Examination (GRE). The GRE consists of three sections: Quantitative, Verbal, and Essay. While there are no specific courses that you need to take prior to the GRE, you should plan to spend a couple months working on exam preparation. Students usually sit for the exam in January-May as they head into the application cycle in June.

Though requirements will vary between schools, most will require three letters of evaluation. Typically, programs expect students to provide one letter from an AT, one from a faculty member, and one other of the student's choosing. This last letter could come from another AT, a research mentor, volunteer coordinator, employer, etc.