

PRE-OCCUPATIONAL THERAPY

Pathway Information

Preparation for a career as an occupational therapist (OT) involves obtaining a bachelor's degree, leadership, and communication skills, as well as gaining internships/hand-on experience in a related field.

There is no single required major for pre-OT students, however some majors will be better aligned with the prerequisites for OT school than others. Recommended GSW majors include Psychology, Exercise Science, Biology, and Education.

Typical OT Pre-Requisites:

Note: This is not a definitive list of the classes you will need for either school. Prerequisites across OT programs have significant variation; always check with the individual school for their specific requirements.

You will need strong science and overall GPA, as well as admission competencies. Admission committees look not only at a rank number, but also at a grade trend on a transcript. All is not lost if a mistake in a course or two, but when a substantial improvement is not seen each semester. However, the student will also notice negative trends that are consistent in hindering from or performing poorly in hard science courses or are completing core classes from a previous institution.

Most OT schools require students to take the Graduate Record Examination (GRE). The GRE Minimum OT school requirement is a score of 140 on the verbal section and 140 on the quantitative section.